



Adjustments for VariableLock Control

For maximum seating comfort we recommend that you adjust your chair in the numerical steps indicated below.

Rocking Tension

This tension adjustment provides a controlled rocking motion to the chair. Put chair in rocking motion (See Rocking adjustment). Turn knob tighter or looser to suit your weight.

4

5

Tilt Ranges

Pull up rocking lever to allow the chair to rock freely. Lean back into chair and turn lever forward for a full tilt range. Flip lever back to set starting point of rocking to a less forward position.

3

Rocking

Lean back into chair and pull lever up to allow the chair to rock freely. See Rocking Tension for adjustment of this movement. Push lever down to lock the chair into a fixed upright position.

2

With or Without Armrest

Lean slightly forward and guide backrest all the way up with both hands. Push bottom half of armrest down to work without an armrest or pull up to work with an armrest.

1

Seat Height

While seated, lift the lever. The chair will go down. Remove your weight from the chair and it will rise.

