



Adjustments for EZ-Tilt Control

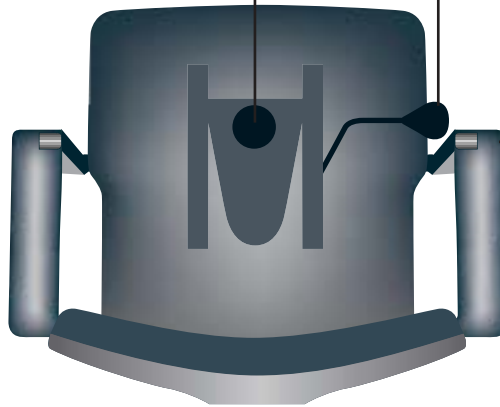
For maximum seating comfort we recommend that you adjust your chair in the numerical steps indicated below.

Rocking Tension **2**

This tension adjustment provides a controlled rocking motion to the chair. Turn knob tighter or looser to suit your weight.

1 Seat Height and Tilt Lock

While seated, lift the lever. The chair will go down. Remove your weight from the chair and it will rise. Pull lever out to rock. To lock the chair into a fixed upright position, lean forward and push lever in.



3

With or Without Armrest

Lean slightly forward and guide backrest all the way up with both hands. Push bottom half of armrest down to work without an armrest or pull up to work with an armrest.