



Adjustments for XtremeDuty Control

For maximum seating comfort we recommend that you adjust your chair in the numerical steps indicated below.

Seat and Backrest Rocking **2**

Lean back into chair and pull lever out to allow the chair to rock freely. See Rocking Tension for adjustment of this movement. To lock the chair into a fixed upright position, lean forward and push lever in.

1 Seat Height

While seated, lift the lever. The chair will go down. Remove your weight from the chair and it will rise.

3 Rocking Tension

This tension adjustment provides a controlled rocking motion to the chair. Put chair in rocking motion (See Seat and Backrest Rocking adjustment). Turn knob tighter or looser to suit your weight.

