

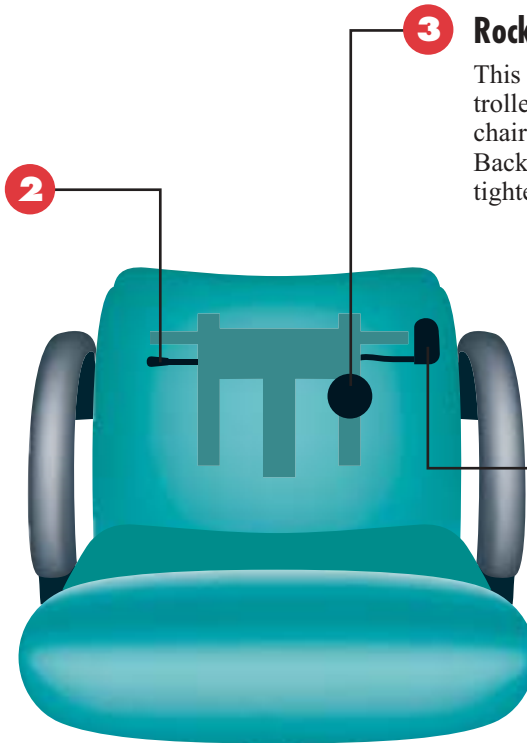


Adjustments for XtremeDuty Control

For maximum seating comfort we recommend that you adjust your chair in the numerical steps indicated below.

2 Seat and Backrest Rocking

Lean back into chair and pull lever out to allow the chair to rock freely. See Rocking Tension for adjustment of this movement. To lock the chair into a fixed upright position, lean forward and push lever in.



3 Rocking Tension

This tension adjustment provides a controlled rocking motion to the chair. Put chair in rocking motion (see Seat and Backrest Rocking adjustment). Turn knob tighter or looser to suit your weight.

1 Seat Height

While seated, lift the lever. The chair will go down. Remove your weight from the chair and it will rise.